

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Adri Van Heerden

Has successfully participated & completed the

5KM Prestige Trail Run Series #5 - Bonus Edition

held at Cowhouse Market.

**TIME** 01:40:23

**PACE** 20:03/km

**OVERALL** 88 of 88

24 November 2019, Sun

Date

**GENDER** 54 of 54

**40 - 49** 15 of 15



Bout Time

Signature